



Aquatic Therapy Association of Chartered Physiotherapists

Mission Statement:

The ATACP is a Professional Network of the Chartered Society of Physiotherapy

We are a highly experienced, skilled and motivated professional network specialising in water based rehabilitation. The network promotes water based therapy, through, education, clinical skills, research, publications, study days and membership support.

Aquatic Physiotherapy definition:

“A physiotherapy programme utilising the properties of water, designed by a suitably qualified physiotherapist. The programme should be specific for an individual to maximise function, which can be physical, physiological, or psychological. Treatments should be carried out by an appropriately trained personnel, ideally in a purpose built, and heated Hydrotherapy Pool” (ATACP 2014)

SHORT TERM AIMS 2018 for review 2020

- Revisit the ATACP constitution and define the roles of the committee. This aim is to make for a more effective and decisive committee, with specific allocated job descriptions
- To clarify ATACP scope to advise as a professional network. Write and ratify at the AGM a policy specifically for the ATACP which provides our stand point on website information, how to handle enquires, how we can support members, identify services and new developments and information exchange.
- Continue to work on the liaison with NICE and any relevant reviews of guidance
- Promote and sharing of relevant research
(we are bringing new (not yet published) research to the study days- Spinal cord Injury and surface EMG study of water v land exs comparison) This aim needs fur-

ther clarification and specific goals eg: informed the members about at least 5 new research developments before 2020, support poster presentation at ATACP study days

- Collate evidence from all agencies for assisting a cost benefit calculator for Aquatic Pools. Working with the CSP and appropriate funding to ensure as many pools stay open.
- Devise, promote and collate a questionnaire on Undergraduate Aquatic Physiotherapy training. (suggestion is do this through the students)
- promote Aquatic Physiotherapy Education and basic skills to all students/recently qualified Physiotherapists
- Promote ATACP internationally and become a key player in WCPT the next application consideration is at WCPT Geneva 2019.
- satisfaction questionnaire to ATACP membership by the next AGM.
- Have minimum 3 a year items/articles on Aquatic Therapy Published in Frontline/ relevant magazine/newspapers (so far, we have had items 6 published in Frontline in the since the beginning of 2017)
- Publish Pool Design leaflet
- social media, achieve 500 followers on twitter, more than 3000 followers on Aquatic Therapy iCSP page. (so far we have 369 followers on twitter and 4920 followers on the aquatic Therapy iCSP page.
- Have online document download and payment through our website for members. Provide appropriate updates and amendments to all e.g.: on good practice guidance.
- Provide promotion and marketing material on Aquatic Physiotherapy. Some of these may be available as a download on the members only area of the website.